



Katie Ruppel, left, hosts Katie's Harvest of the Month Kitchen.

Island Grown Initiative Introduces Cooking Show

Tuesday, November 28, 2017 - 12:27pm

The Island Grown Initiative has launched a new monthly cooking show, Katie's Harvest of the Month Kitchen, produced through Martha's Vineyard Community Television.

Each month on the show Island Grown Schools coordinator Katie Ruppel explores a locally available seasonal crop, and welcomes special guests to share knowledge and a favorite recipe. Crops so far have included mushrooms, corn, and cranberries.

The show brings attention to the Island Grown Harvest of the Month Program, which highlights a local crop every month of the school year. Martha's Vineyard schools was the first school system to feature the Harvest of the Month, and the school district is now working with the Massachusetts Farm to School Project to spread the model across the state.

To view episodes, visit the Video On Demand section at mvtv.org. (<http://mvtv.org>) For a complete list of Harvest of the Month Crops, recipes, and cooking tips, visit islandgrownschools.org/harvest-of-the-month (<http://islandgrownschools.org/harvest-of-the-month>)



Vineyard Notebook

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